

EXPERIENCING SCHEMA THERAPY FROM THE INSIDE-OUT: SELF-PRACTICE/ SELF-REFLECTION GROUP 2022

Name	
Email	
Phone	
Schema Therapy experience or certification level	
Country	
Time Zone	
Paypal email	

Our SP-SR Program consists of 20, ninety minute group sessions and 2 individual sessions

2022 Meeting Dates: the second and fourth Tuesdays of the month

Feb 8, 22; March 8,22; APRIL 12,26; MAY 10,24; JUNE 14,28; JULY 12,26; AUG 9,23; SEPT 13,27; OCT 11.25; NOV 8,22

The first individual session will be scheduled before February 8, 2022 and the second after Nov 22.

Time: 11-12:30 EDST (NY); 16:00 UK; 17:00 CET; 15:00 UCT, GMT

Cost for the program \$1800. USD in 4 payments (Zelle or check, no fee; Paypal \$50. Or friends/family)

1. Deposit of \$300. By October 1, 2021
2. by December 1, 2021 \$600.
2. by February 1, 2022 \$600.
3. by April 1, 2022 \$600.

We will use material from our workbook: "Experiencing Schema Therapy from the Inside-Out: A Self-Practice/Self-Reflection Workbook for Therapists", Guilford Press, 2018 and our 40 years of clinical experience with groups. You will need to have regular access to the book. It is available with a discount from Amazon or from Guilford using the discount code on the attached flyer. We will also use new exercises adapted to the needs of the group. The group is limited to 10 members with Ida and Joan as therapists.

Groundrules:

1. It is important that you make a commitment to attend all scheduled sessions, arrive on time and stay for the scheduled time. Obviously, emergencies can occur. In that case we ask that you contact us so the group can be informed.
2. The sessions have required homework, which includes written self-reflection questions.
3. No refunds can be given for cancellation after you have reserved a place and submitted your registration.
4. As in any ST group mutual respect and confidentiality re: any personal information of others are required.

I understand the above requirements and agree to them.

Your signature.

Our Contact Info: we look forward to working with you.

Joan Farrell & Ida Shaw

317 627-4665

drjoanfarrell@gmail.com www.schematherapy-training.com

